

PROTECT YOURSELF FROM HEPATITIS A

HOW IS IT SPREAD?



Not washing
hands



Sex with
infected
partners



Eating or
drinking foods
contaminated
by hepatitis A



It can also be spread through
close contact with someone
infected with Hepatitis A.

WHAT ARE THE SYMPTOMS?



Yellowing of
eye and skin
(jaundice)



Fever



Nausea or
throwing up

Other symptoms include dark
pee, pale poop, stomach pain,
feeling tired, or loss of appetite.

**IF YOU HAVE SYMPTOMS,
SEE YOUR DOCTOR OR A
HEALTHCARE PROVIDER.**

HOW DO I PREVENT THE SPREAD OF HEPATITIS A?



Wash your hands with soap
and warm water after using
the bathroom or changing
diapers and before eating
and preparing food.



**Get vaccinated
for hepatitis A!**

WHO IS AT HIGH RISK?

- People who use injection or non-injection drugs
- People experiencing homelessness
- People recently in jail or prison
- Men who have sex with men (MSM)
- People with underlying liver disease



www.snhd.info/hep-a-control